ambetter. FROM | arizona complete health.

# 2023 Quick Reference Guide

# The Resources You Need. Right Here.

## For more information, visit <u>Ambetter.AZcompletehealth.com</u>

If this information is not in your primary language, please call 1-866-918-4450 (TTY: 711)



# Welcome to Ambetter from Arizona Complete Health!

Thank you for choosing us as your health insurance plan.

We're excited to help you take charge of your health and

to help you lead a healthier, more fulfilling life.

As our member, you selected the Marketplace insurance plan that offers the coverage options you need that best fits your budget. No matter what Ambetter plan you chose, you're covered on essential medical care, wellness services, and more.

This Quick Reference Guide (QRG) will help you understand all of the helpful services that are available to you, based on your selected health insurance plan. Inside, you'll find important information about:

- How your plan works
- Payment information
- Where to go for care
- Information on your Member ID
- Optional adult dental and vision benefits
- Telehealth from Teladoc
- And much more!

## YOUR HEALTH IS OUR PRIORITY.

If you have questions, we're always ready to help. And don't forget to check out our online video library at <u>Ambetter.AZcompletehealth.com</u>. It's full of useful information.

## Member Services:

1-866-918-4450 (TTY: 711)

## Ambetter.AZcompletehealth.com

# How To Contact Us

## How To Contact Us

Ambetter from Arizona Complete Health 1850 W Rio Salado Suite 211 Tempe, AZ 85281

If you want to talk, we're available Monday through Friday, 8 am to 8 pm Local Time.

	•••••
Member Services	1-866-918-4450
Fax	1-866-687-0518
ТТҮ	711
Make a Payment	1-866-918-4450
Behavioral Health Services	1-866-918-4450
Telehealth	1-800-835-2362
24/7 Nurse Advice Line	1-866-918-4450
Complaints and Grievances	1-866-918-4450
Emergency	911
Website	Ambetter.AZcompletehealth.com

#### When you call, have these items ready:

- Your ID
- Your claim number or invoice for billing questions

#### **Interpreter Services**

If you don't feel comfortable speaking English, we provide free interpreter services.

Please call Member Services at 1-866-918-4450 (TTY: 711) for free interpreter services as needed.

# How Your Plan Works

Learn about how to get the most out of your plan. Set up your online member account to get started. Refer to your *Evidence of Coverage* (EOC) for more information by visiting: <u>https://www.</u> ambetter.AZcompletehealth. <u>com</u>.



Want more information about our service area and in-network providers? Visit guide.ambetterhealth.com.

# So You Have Health Insurance — Now What?

Having health insurance is exciting. To get the most out of your plan, complete this simple checklist. If you need assistance, call Member Services at 1-866-918-4450 (TTY: 711). We're available Monday through Friday, 8 am to 8 pm Local Time.

**Set up your secure online member account.** Do this by visiting the "Member Login" page on <u>Ambetter.AZcompletehealth.com</u>. Your member account stores all of your plan's benefits and coverage information in one place. It gives you access to your *Schedule of Benefits*, claims information, this QRG and more.

Our My health pays' program helps you focus on your total health. When you complete healthy activities, such as eating right, moving more, saving smart and living well, you can earn reward points! All you have to do is log in to your online member account to get started. Please note: My Health Pays cannot be used or applied to premiums.



**Enroll in automatic bill pay.** Call us or log in to your online member account to sign up. Automatic bill pay automatically withdraws your monthly premium payment from your bank account. It's simple, helpful, convenient and secure.

**Pick your primary care provider (PCP).** Just log in to your member account and view a list of Ambetter providers in your area by using the Ambetter Guide available on our website. Remember, your PCP, also known as a personal doctor, is the main doctor you will see for most of your medical care. This includes your checkups, sick visits and other basic health needs.



**Schedule your annual wellness exam with your PCP.** After your first checkup, you'll earn 500 points in *my* healthpays' rewards! And anytime you need care, call your PCP and make an appointment!

## Answers To Your Payment Questions



If you have questions about paying your bill, give billing services a call at 1-866-918-4450 (TTY: 711).

Sign up for Paperless Billing to receive your monthly invoices online.

# How Can I Pay My Monthly Premium?

## 1. Pay online (Our recommendation!)

- **a. Quick Payment:** Pay your Ambetter from Arizona Complete Health premium by visiting Ambetter.AZcompletehealth.com and select "pay now".
- b. Secure Member Account: Create your online member account on <u>Member.AmbetterHealth.com</u> and enroll in automatic bill payment. You can set up automatic bill pay using your credit card, prepaid debit card, bank debit card or bank account. You can also make a one-time payment via your online member account.

### 2. Pay by phone

a. Pay by Automated Phone. Call us at 1-844-PAY-BETTER (729-2388) and use our Interactive Voice Response (IVR) system. It's quick and available 24/7!

#### Or

 b. Call billing services at 1-866-918-4450 (TTY: 711) between 8 am and 8 pm Local Time. You will have the option to pay using the Interactive Voice Response (IVR) system or by speaking to a billing services representative.

#### 3. Pay by mail

- a. Send a check or money order to the address listed on your billing invoice payment coupon. **Be sure to mail your payment at least seven to 10 days** prior to your premium payment due date. Remember to write your member ID number on the check or money order and detach the payment coupon from the billing invoice and mail with your payment.
- b. Mailing to the correct address will ensure your payments are processed in a timely manner.

#### **Ambetter from Arizona Complete Health** PO Box 748701 Los Angeles, CA 90074-8701

 c. To find a MoneyGram location near you, or to make an Ambetter from Arizona Complete Health payment with MoneyGram go to <u>https://www.moneygram.com/mgo/us/en/paybills</u> or call 1-800-926-9400.

## We Care About Your Health

## How Can I Pay My Monthly Premium?

#### What Happens If I Pay Late?

**Your bill is due before the first day of every month.** For example, if you are paying your premium for June, it will be due May 31.

If you don't pay your premium before its due date, you may enter a grace period. This is the extra time we give you to pay. During a grace period, we may hold — or pend — payment of your claims. During your grace period, you will still have coverage. However, if you don't pay before a grace period ends, you run the risk of losing your coverage. Refer to your Evidence of Coverage for grace period details.

## Member Services

We want you to have a great experience with Ambetter from Arizona Complete Health. Our Member Services Department is always here for you. We can help you:

- Understand how your plan works
- Learn how to get the care you need
- · Find answers to any questions you have about health insurance
- See what your plan does and does not cover
- Pick a PCP that meets your needs
- Get more information about helpful programs, like Care Management
- Find other healthcare providers (like in-network pharmacies and labs)
- · Request your member ID or other member materials

If you enrolled through the Health Insurance Marketplace you must contact them to: update your enrollment information, such as your date of birth, address or income or life changes; or to end your coverage with Ambetter. You can do this by visiting <u>Healthcare.gov</u> or calling 1-800-318-2596 (TTY 711). When you are connected, be ready to provide your state and then ask for a representative to help you.

If you are enrolled in an off-exchange plan, please contact Member Services to update your enrollment information, such as your date of birth, address or income or life changes; or to end your coverage with Ambetter.

Have total or partial hearing loss? Call 1-866-918-4450 (TTY: 711) or visit Ambetter.AZcomplete health.com.

# **Membership & Coverage Information**

## Your Ambetter from Arizona Complete Health Member Welcome Packet

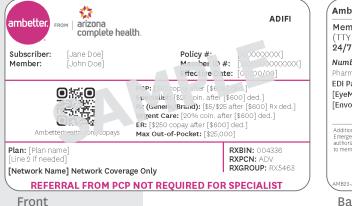
When you enroll with Ambetter from Arizona Complete Health, you will receive a Member Welcome Packet. Your Welcome Packet includes basic information about the health plan you selected. You will receive your Welcome Packet before your Ambetter health coverage begins.

## Your Ambetter from Arizona Complete Health Member ID

Your member ID is proof that you have health insurance with us. And it's very important. Here are some things to keep in mind:

- Keep this card with you at all times.
- You will need to present this card anytime you receive healthcare services.
- You will receive your Member ID(s) before your Ambetter from Arizona Complete Health coverage begins. If you don't get your member ID before your coverage begins, call Member Services at 1-866-918-4450 (TTY: 711). We will send you another card.
- You will not receive your Welcome Packet and Member ID(s) until your binder payment and first month's premium are paid in full.

To download your Digital ID or request a replacement ID please log into your secure member account at Member.AmbetterHealth.com.



Ambetter.AZcompleteheal	lth.com	
Member/Provider Services: (TTY 711) <b>24/7 Nurse Line:</b> 1-866-918-/		Medical Clams Address: Arizona omplete Health ttn: CL ) Box 9 0
Numbers below for providers: Pharmacy Help Desk: 1-81 - 345-9 EDI Payor ID: 6009 [EyeMed: 1 3-581-364 [Envolve Dence, 1-00 red by Un		tiningti t J040
Additional information can be found in your Ev Emergency Room (ER). Emergency services giv authorization. Receiving non-emergent care th to member responsibility. For updated coverag	ven by a provider not in the pla rough the ER or with a non-pa	n's network will be covered without prior rticipating provider may result in a change
AMB22-AZ-C-00013		underwritten by Health Net of Arizona, Inc. ealth Net of Arizona, Inc. All rights reserved.



Refer to your *Evidence of Coverage* for information on Dependent Member Coverage.

# Finding the Right Care

We're proud to offer our quality service. Our local provider network is the group of doctors, hospitals and other healthcare providers who have agreed to provide you with your healthcare services.

To search our online Provider Directory, visit <u>guide.ambetterhealth.com</u> and use our Ambetter Guide- the Ambetter from Arizona Complete Health provider search tool. It can help you find a Primary Care Physician (PCP), pharmacy, lab, hospital, or specialist.

State: Arizona Network Year: 2023 Provider Network: Bronze   Silver   Gold EDIT   Find nearby in-network care Image: Care in the second s	ENGLISH N
Find nearby in-network care	
Find nearby in-network care	
Search by name, specialty, NPI, procedure City, county, or zipcode	
Search by name, specialty, NPI, procedure City, county, or zipcode Phoenix, AZ, USA X Search	ch Advanced Searc



Get the right care at the right place! When you need medical care, get to know your options. They include: Calling our 24/7 Nurse Advice Line, Ambetter Telehealth through Teladoc, making an appointment with your Primary Care Physician (PCP), visiting an Urgent Care or going to the Emergency Room(ER). Your decision will depend on your specific situation.

# Your Primary Provider (PCP)

Your primary care provider is your main doctor — the one you see for regular checkups. If your condition isn't life-threatening, calling your PCP should be your first choice. Use our online Ambetter Guide to find an in-network provider in your area.

Visit or call your PCP if you need:

- Your annual wellness checkup & vaccinations
- Advice about your overall health
- Help with medical problems such as cold, the flu and fevers
- Treatments for an ongoing health issue like asthma or diabetes

# Selecting A Different PCP

We want you to be happy with the care you receive from our providers. To search our online Provider Directory, visit guide.ambetterhealth.com.

If you would like to change your PCP for any reason, log in to your online member account and select "Change PCP" under the Doctors tab.

For new members, visit https://ambetter.azcompletehealth.com/resources/new-members/get-started.html.

\*If you choose a nurse practitioner or physician assistant as your PCP, your benefit coverage and co-payment amounts are the same as they would be for services from other participating providers. Review your Schedule of Benefits for more information.

Remember to select an innetwork PCP! Check out our Provider Directory for a full list of your options and their contact information. It's on the Find a Doctor page of guide.ambetterhealth.com.

Refer to your *Evidence of Coverage* for more information on your Provider Directory.

Every time you receive care, make sure to stay within the Ambetter Network.

# ACCESS TO CARE

# Access to Care



Call our 24/7 nurse advice line anytime: 1-866-918-4450 (TTY: 711).

If you need help deciding where to go for care, call our 24/7 nurse advice line at 1-866-918-4450 (TTY 711). In an emergency, call 911 or head straight to the nearest emergency room. Seek ER services only if your life is at risk and you need immediate, emergency medical attention.

# When To Go To An Urgent Care Center

An urgent care center provides fast, hands-on care for illnesses or injuries that aren't life threatening but still need to be treated within 24 hours. Typically, you will go to an urgent care center if your PCP cannot get you in for a visit right away.

Common urgent care issues include:

- Sprains
- Ear infections
- High fevers
- Flu symptoms with vomiting

#### If you think you need to go to an urgent care center, follow these steps:

- Call your PCP. Your PCP may give you care and directions over the phone or direct you to the right place for care.
- If your PCP's office is closed, you can do one of two options:
  - 1. Locate an in-network urgent care center by using our online Ambetter Guide at Guide.AmbetterHealth.com, type in "Urgent Care" and your zip code, then click search.
  - 2. Call our 24/7 nurse advice line at 1-866-918-4450 (TTY: 711). A nurse will help you over the phone or direct you to other care. You may have to give the nurse your phone number.

Check your Schedule of Benefits to see how much you must pay for urgent care services.

After your visit, let your PCP know you were seen at an urgent care and why.

## When To Go To The ER

Anything that could endanger your life (or your unborn child's life, if you're pregnant) without immediate medical attention is considered an emergency situation. Emergency services treat accidental injuries or the onset of what appears to be a medical condition. We cover emergency medical and behavioral health services both in and out of our service area. We cover these services 24/7. Emergency services are covered in-network and out-of-network. When receiving Emergency Care at either an in-network or out-of-network provider the only bill you should receive is for any applicable cost share (e.g. co-pay, deductible or co-insurance).

Refer to your *Evidence of Coverage* for information on Protection from Balance Billing.

## When To Go To The ER (Continued)

#### Go to the ER if you have:

- Broken bones
- Bleeding that won't stop
- Labor pains or other bleeding (if you're pregnant)
- Severe chest pains or heart attack symptoms
- Overdosed on drugs
- Ingested poison
- Bad burns
- Shock symptoms (sweat, thirst, dizziness, pale skin)
- Convulsions or seizures
- Trouble breathing
- The sudden inability to see, move or speak
- $\cdot$  Gun or knife wounds

#### Don't go to the ER for:

- Flus, colds, sore throats or earaches
- Sprains or strains
- Cuts or scrapes that don't require stitches
- More medicine or prescription refills
- Diaper rash

#### What if you need Emergency Care out of our service area?

Our plan will pay for emergency care while you are out of the county or state. If you go to an out-of-network ER and you aren't experiencing a true emergency, you may be responsible for any amounts above what your plan covers. Those additional amounts could be very large and would be in addition to your plan's cost sharing and deductibles.

Learn more about your options <u>https://Ambetter.AZcompletehealth.com/</u>resources/handbooks-forms/where-to-go-for-care.html.



Always make sure your providers are in-network. Using in-network providers can save you money on your healthcare costs.



To find another provider or specialist in our network, check out our provider list on the *Find a Doctor* page at guide.ambetterhealth.com.

Have your member ID and

photo ID ready. You will need

any type of care. Urgent care

is not emergency care. Only go to the ER if your doctor tells

them whenever you receive

you to or if you have a life-

threatening emergency.

## Ambetter Telehealth

Ambetter Telehealth is your convenient, 24-hour access to Virtual Urgent Care visits with Teladoc providers. These visits are great for when you need care fast for non-emergency health issues such as minor sprains, bruises, minor abrasions, sore throat or flu. Visits can be scheduled if you need help right now but you can also schedule visits in advance for a time that best fits with your schedule. These visits are available to members with a \$0 copay in most states and plans.\*

Before you start using Ambetter Telehealth, you will need to set up your account by visiting <u>https://ambetter.azcompletehealth.com/health-plans/</u> <u>our-benefits/ambetter-telehealth.html</u> and navigating to the "Set Up Your Telehealth Account" section.

Ambetter from Arizona Complete Health does not provide medical care. Medical care is provided by individual providers through Teladoc Health.

\*For members on HSA plans, the \$0 copay does not apply until after the deductible is met.

# 24/7 Nurse Advice Line

Our free 24/7 nurse advice line makes it easy to get answers to your health quetions. You don't even have to leave home! Staffed by licensed nurses, our 24/7 nurse advice line runs all day, every day. Learn more about your options by calling 1-966-918-4450 (TTY 711) or by visiting ambetter.AZcompletehealth. com.



To find another provider or specialist in our network, check out our provider list on the *Find a Doctor* page at guide.ambetterhealth.com.

## WHAT TO DO IF YOU RECEIVE A BILL FROM A PROVIDER OR PHYSICIAN:

When seeing an in-network provider, including but not limted to physicians, hospitals, pharmacies, facilities and health care professionals, you are responsible for any applicable cost sharing amounts (e.g., co-pay, deductible or co-insurance). Your member responsibility can be viewed on the explanation of benefits. This can be found by logging into your secure account at Member. AmbetterHealth.com. As a member of Ambetter from Arizona Complete Health, non-network providers should not bill you for covered services for any amount greater than your applicable in-network cost sharing responsibilities when:

- You receive a covered emergency service or air ambulance service from a non-network provider. This includes services you may get after you are in stable condition, unless the non-network provider obtains your written consent to bill you for their service.
- You receive non-emergency ancillary services (emergency medicine, anesthesiology, pathology, radiology, and neonatology, as well as diagnostic services (including radiology and laboratory services)) from a non-network provider at a network hospital or network ambulatory surgical facility.
- You receive other non-emergency services from a non-network provider at a network hospital or network ambulatory surgical facility, unless the non-network provider obtains your written consent to bill you for their service.

If you receive a bill for services in the above situations, please contact Member Services at 1-866-918-4450 (TTY: 711).

Refer to your *Evidence of Coverage* for more information on Balance Billing and Eligible Service Expenses.

# Member Complaints, Grievances, & Appeals Process

We have steps for handling any problems you may have. To keep you satisfied, we provide processes for filing appeals or complaints. You have the right to file a complaint, file an appeal, and right to an external review. You ahve the right to appeal any determination where services were denied, reduced or suspended. This includes your right to appeal to an external independent review. We will resolve all appeal requests in a time that is appropriate to your request and condition.

Instruction on this process can be found in the *Evidence of Coverage* (EOC) and the Summary of Benefits (SBC): ambetter.azcompletehealth.com/health-plans. html.

Grievance & Appeals submission PDF: ambetter.azcompletehealth.com/ resources/handbooks-forms.html.

Mail or Fax all Appeals to:

Ambetter from Arizona Complete Health Attn: Appeal Department P.O. Box 277610 Sacramento, CA 95827 Phone: 1-888-926-5057 TTY 711 Fax: 1-877-615-7734 (Grievances & Appeals)

Member Services at 1-866-918-4450 (TTY 711)

# **Utilization Management**

# What Is Utilization Management?

We want to make sure you get the right care and services. Our utilization management (UM) process is designed to make sure you get the treatment you need.

We will approve all covered benefits that are medically necessary. Our Utilization Management Department checks to see if the service needed is a covered benefit. If it is covered, the UM nurses check to see if the service is medically necessary. They do this by reviewing the medical notes and talking with your doctor. Ambetter from Arizona Complete Health does not reward or pay our doctors or employees for approving or denying services. All decisions are based on appropriate care and coverage.

Ambetter from Arizona Complete Health's utilziation review includes services to ensure the care you receive is the best way to help improve your health condition. For questions about UM, please call 1-866-918-4450 (TTY 711).

# Member Resources & Rewards



Visit us online at Ambetter.AZcomplete health.com

Our website helps you get the answers you need to get the right care, the right way, including an online member account for you to check the status of your claim, view your *Evidence of Coverage (EOC)* or understand your out-of-pocket costs, copays and progress towards meeting your annual deductible.

Member Experience Matters! Ambetter from Arizona Complete Health is committed to providing the best possible care we can and would greatly appreciate your feedback. If you are selected for an annual member satisfaction survey known as the QHP Enrollee Survey, please share your thoughts with us by completed the survey administered by SPH Analytics.

# Get Online And Get In Control

Did you know you can always access helpful resources and information about your plan? It's all on our website! Visit Ambetter.AZcompletehealth.com and take charge of your health.

On our website, you can:

- Find a PCP
- Locate other providers, like a pharmacy
- Find health information
- Learn about programs and services that can help you get and stay healthy.

Log into your online member account to:

- Pay your monthly bill
- Print or request a replacement ID
- View your claims status and payment information
- Change your PCP
- Find pharmacy benefit information
- Send us a secure email
- Read your member materials (your Evidence of Coverage, Schedule of Benefits, this QRG)
- Participate in the *My* health pays<sup>®</sup> rewards program
- Complete your Wellbeing Survey
- Contact a nurse online
- Review out-of-pocket costs, copays and progress towards deductibles.

# my health pays Rewards Program

# Don't miss out on the exciting *My*healthpays' program and start earning points today!

Log in now and activate your account to start earning more rewards.

- 1. Log into your online <u>Ambetter member account</u> or create your account now.
- 2. Click Rewards on the home page.
- 3. Accept Terms & Conditions. Then, start earning points!

If you already activated your account, log back in to complete healthy activities and keep earning! Funds expire immediately upon termination of insurance coverage.

# **Connecting Your Healthcare:**

## NEW OPTIONS FOR MANAGING YOUR DIGITAL MEDICAL RECORDS

The Interoperability and Patient Access rule made it easier to access your health information when you need it most. You have access on your mobile device so you can manage your health better and know what healthcare resources are available to you. You can also request that we receive your health records from a prior health plan. To get started on either of these, visit Ambetter.AZcompletehealth. com.

#### Imagine:

- You go to a new healthcare provider: you can pull up your health history from the past five years on your mobile device.
- You can check an up-to-date provider directory: find a provider who can use your health history to diagnose you and ensure you receive the right care.
- You have a question about a claim: you can go to your computer and see if it's paid, denied, or still being processed.
- Taking your health history data with you as you move between health plans.

#### You Can Easily Find Information\* on:

- Claims (paid and denied)
- Specific parts of your clinical information
- Pharmacy drug coverage
- Healthcare providers

\*\*Information is available for dates of service on or after January 1, 2016

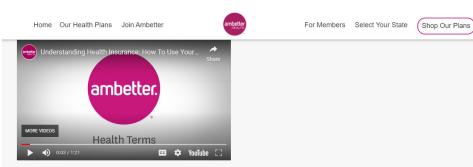
# Words To Know

## Your Healthcare Glossary

We know that health insurance can feel confusing sometimes. To help you out, we put together a list of words you may need to know as you read through this QRG.

Learn more about these healthcare terms by visiting: https://www. ambetterhealth.com/learn-more/words-to-know.html

A request for clarification of a benefit, product, or eligibility where no expression of dissatisfaction was made.



For a fully keyboard-accessible alternative to this video, view it in Chrome or on any Android or iOS device, view it in Firefox with the YouTube ALL HTML5 add-on installed, or disable Flash in Internet Explorer.

#### ABCDEFGHIJKLMNOPQRSTUVWXYZ

#### А

Actuarial Value: The percentage of total average costs for covered benefits that a plan will cover. For example, if a plan has an actuarial value of 70%, on average, you would be responsible for 30% of the costs of all covered benefits.

Advanced Premium Tax Credit (APTC): This is a tax credit to help lower your monthly premium payments on health coverage purchased through the Marketplace. Advance payments of the tax credit can be used right away to lower your monthly premium costs. If you qualify, you may choose how much advance credit payments to apply to your premiums each month, up to a maximum amount. If the amount of advance credit payments you get for the year is less than the tax credit you're due, you'll get the difference as a refundable credit when you file your federal income tax return. If your advance payments for the year are more than the amount of your credit, you must repay the excess advance payments with your tax return. Also called premium tax credit.

Agent: An agent or broker is a person or business who can help you apply for help paying for coverage and enroll you in a Qualified Health Plan (QHP) through the Marketplace. They can make specific recommendations about which plan you should enroll in. They're also licensed and regulated by states and typically get payments, or commissions, from health insurers for enrolling a consumer into an issuer's plans. Some

Ambetter from Arizona Complete Health, is underwritten by Arizona Complete Health, which is a Qualified Health Plan issuer in the Arizona Health Insurance Marketplace. This is a solicitation for insurance. © 2023 Arizona Complete Health. All rights reserved. AMB22-AZ-C-00044\_CORE

For additional definitions, please refer to your *Evidence* of *Coverage*.



# Discrimination is Against the Law

Arizona Complete Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Arizona Complete Health does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Arizona Complete Health:

- Provides aids and services **at no cost** to people with disabilities to communicate effectively with us, such as: qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides language services **at no cost** to people whose primary language is not English, such as: qualified interpreters and information written in other languages

If you need these services, contact Member Services at: Arizona Complete Health: 1-866-918-4450 (TTY: 711)

If you believe that Arizona Complete Health failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with the Chief Compliance Officer. You can file a grievance in person, by mail, fax, or email. Your grievance must be in writing and must be submitted within 180 days of the date that the person filing the grievance becomes aware of what is believed to be discrimination.

Submit your grievance to: Arizona Complete Health- Chief Compliance Officer 1850 West Rio Salado Parkway, Suite 211, Tempe, AZ 85281. Fax: 1-866-388-2247 Email: AzCHGrievanceAndAppeals@AZCompleteHealth.com

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail at U.S. Department of Health and Human Services; 200 Independence Avenue, SW; Room 509F, HHH Building; Washington, D.C. 20201; or by phone: 1-800-368-1019, 1-800-537-7697 (TTY:711).

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html

Attention: If you speak a language other than English, oral interpretation and written translation are available at no cost to you to understand the information provided. Call 1-866-918-4450 (TTY:TDD 711).

Spanish	Si habla español, dispone sin cargo alguno de interpretación oral y traducción escrita. Llame al 1-866-918-4450 (TTY:TDD 711).
Navajo	Diné k'ehjí yáníłti'go ata' hane' ná hóló dóó naaltsoos t'áá Diné k'ehjí bee bik'e'ashch{igo nich'i' ádoolníiłgo bee haz'á ałdó' áko díí t'áá át'é t'áá jíík'e kót'éego nich'i' aa'át'é. Koji' hólne' 1-866-918-4450 (TTY:TDD 711).
Chinese (Mandarin)	若您讲中文,我们会免费为您提供口译和笔译服务。请致电 1-866-918-4450 (TTY:TDD 711)。
Chinese (Cantonese)	我們為中文使用者免費提供口譯和筆譯。請致電 1-866-918-4450 (TTY:TDD 711)
Vietnamese	Nếu quý vị nói Tiếng Việt, có sẵn các dịch vụ thông dịch bằng lời và biên dịch văn bản miễn phí dành cho quý vị.  Hãy gọi 1-866-918-4450 (TTY:TDD 711).
Arabic	إذك انت تتحدث اللغة العربية، تتوفر لك ترجمة شفهية وترجمة تحريرية مجانًا اتصل بالرق 4450 -1868-16 (TTY:TDD 711).م
Tagalog	Kung ikaw ay nagsasalita ng Tagalog, mayroong libreng oral na interpretasyon at nakasulat na pagsasalin na maaari mong gamitin. Tumawag sa 1-866-918-4450 (TTY:TDD 711).
Korean	한국어를 하실 경우, 구두 통역 및 서면 번역 서비스를 무료로 제공해드릴 수 있습니다. 1-866-918-4450 (TTY:TDD 711)번으로 전화하십시오.
French	Si vous parlez français, vous disposez gratuitement d'une interprétation orale et d'une traduction écrite. Appelez le 1-866-918-4450 (TTY:TDD711)
German	Für alle, die Deutsch sprechen, stehen kostenlose Dolmetscher- und Übersetzungsservices zur Verfügung. Telefon: 1-866-918-4450 (TTY:TDD 711).
Russian	Если вы говорите по-русски, услуги устного и письменного перевода предоставляются вам бесплатно. Звоните по телефону 1-866-918-4450 (TTY:TDD 711).
Japanese	日本語を話される方は、通訳(口頭)および翻訳(筆記) を無料でご利用いただけます。 電話番号 1-866-918-4450 (TTY:TDD 711)
Persian (Farsi)	اگر به زباف انرسی صحبت میکنید, ترجمه شهافی و تکبی بدون هزینه بری شما قابل دسترسی میباشد با شمار 1440-186-1866 (TTY:TDD 711) ه تماس بگیرید.
Syriac	،بي حښمبلوف همېزىلا، عذبحەل كەھب ئېمىخە قىم لاوز كەھبە خىكتىم خىكلىكە خەتلەتكە خىكتەبلا (TTY:TDD 711) 1-866-918-4450
Serbo-Croatian	Ako govorite srpsko hrvatski, usmeno i pismeno prevođenje vam je dostupno besplatno. Nazovite 1-866-918-4450 (TTY:TDD 711).
Thai	หากคุณพูดภาษา ไทย เรามีบริการล่ ามและแปลเอกสาร โดยไม่ มีค่ าใช้ จ่ าย โทรศัพท์ 1-866-918-4450 (TTY:TDD 711)

AZCompleteHealth.com AMB21-AZ-HP-1001